

DART Newsletter

27th March 2020

Issue 3

Dirleton Area Resilience Team (DART.Coordinators@outlook.com)

In this issue :

General Advice
Official Advice
Can you Help ?
Shops and Supplies
Dirleton Community
Contact Details

Welcome to the Newsletter

A bit of a long one today – but lots of information about the DART craft project.

THANK YOU to all the Dirleton residents who came out last night to express their support for the medical community – we know it means a lot to those working in the NHS in these times -they are having a difficult time and things like this are important.

If you feel able to volunteer (there are many ways to do this) please use the dedicated DART email address listed at the top of page as this will make it swifter to log and deal with your request.

Items for the newsletter can be emailed to DARTNews@mnsdsys.net.

Best Regards

Mike (Newsletter Editor)



General Advice

Need to fill up at the Petrol/Diesel/Electric pumps ???

The virus can live on surfaces for a limited time. It is a very good idea to use either gloves or tissues when handling the pump – and then dispose of the glove/tissue straight away. Keep contact down and keep yourselves safe.

Newspapers and publications

Newspapers and publications continue to operate as a vital information chain to the country.

It appears most papers are continuing their vouchers schemes and subscriptions etc.

If you do read papers – consider having them delivered rather than going to the shop daily – another journey saved – perhaps another transmission avoided.

There are various opinions about transmission of the virus via paper – the majority and the most authoritative to date believe the risk is very very low.

Repeat Prescriptions

With increased demand there is a strain being put on the doctor's surgery and the pharmacies – so order your repeat prescriptions well in advance – instead of the current 48 hour turnaround consider giving them at least 10 days time to process your requests.

As ever, though, please don't over order – let's make sure there are enough supplies to go around everyone.

Community Shopping Help

If you need help with shopping – please contact the DART team as soon as you can using the dedicated email address at the top of the newsletter. This will help with logistics and planning.

N.B. If you are over 70 years old then please stay in your houses and use the DART volunteers (email above).

Official Advice



Police Scotland

During these uncertain times accurate information can be difficult to differentiate from the masses of 'fake news' circulating.

Please find attachment from Police Scotland included in this message on the current Shut Out Scammers campaign and below links to sources of trusted accurate information.

Feel free to circulate this information to any local social media group that you may be part of.

<https://www.scotland.police.uk/keep-safe/personal-safety/shut-out-scammers>

<https://www.tsscot.co.uk/coronavirus-covid-19/coronavirus-scams/>

<https://mailchi.mp/b3d2ca964e92/scam-share-focus-on-coronavirus>



Can you help please ?

Self-Isolating Researcher – Sanitisers and PPE

DART wants to have the right safety precautions in place for our volunteers.

There has been no word from the council Resilience Team , whether they will be able to provide what is required or when, despite numerous enquiries.

In such instances, the DART policy is becoming to try and do it ourselves at first and then accept official help when it is forthcoming. We do appreciate the difficulties under which everyone is working, and in this particular case, the clear priority is the medical staff dealing with Coronavirus.

So can you help us investigate and procure supplies?

Sanitisers and protective gloves are the most urgent need and anything else that enables surfaces to be wiped of potential contamination. Other items like pump bottles for large supplies of sanitiser would also be useful.

Using the DART dedicated email - **DART.coordinators@outlook.com**, do contact us if you can help to research availability or have ingenious suggestions that we can make up ourselves.

Small Bottles for sanitiser - URGENT

We desperately need small bottles to decant sanitiser – any and all offers gratefully received.

please leave in the driveway of Westend, 16/17 Chapelhill Dirleton and ring Janice to let know you have delivered something (01 620 850509)



Shops and Supplies Information

This is a rapidly changing situation. Some stores are cancelling booked slots and leaving residents without the food they expected. DART has today rescued a pensioner household to whom this happened.

The WeeLocals

The North Berwick businesses have coordinated their information on a website – the WeeLocals.

Click on this link and then use the arrow beside each business to see details.

<https://www.weelocals.com/>

Individual Shop Updates

All the supermarket chains are now sending out emails about how they are handling the Covid response. Most are adopting the same or similar format :

- Limiting numbers in the shop
- Reserving certain times for NHS workers and vulnerable groups
- Putting protective shields up at the tills
- Asking customers to respect the 2m distance when queuing and in the aisles
- Limiting certain lines and numbers of items per customer.
- Preferring card payments over cash.
- Increasing their sanitising routines and providing trolley/hand sanitisers.

For further or individual store information please see their websites.

Gullane Coop

Gullane coop team are offering a home delivery service to all our vulnerable self isolating customers. (Essential items only).

Contact (between hours of 11am to 2pm)

01620-843405

Gullanecoop@outlook.com

North Berwick Coop

NB Coop team are also offering a home delivery service to all vulnerable self-isolating , NHS workers, care workers and the elderly customers (Essential Items only).

Contact (between the hours of 12noon to 6pm :

07944401152 - Grant

07946234968 - Gemma

NBCoopDelivered@gmail.com

Banks Response

Just to remind you that the banks are changing some of the ways they work and some of the ways that their accounts will work.

It is important to look at their websites and check how this may affect you. They are already sending out information emails.

NB – if you have an email from a bank/finance company etc and there is a link to click – **don't click it** – go to their website using a trusted link and search for the topic. If in doubt ring your bank using the number on your card or statement (not one from an email). Keep yourself digitally safe as well.



Dirleton Community

DART Craft Club

The DART Craft Club is being launched to provide ideas to help fill the time for those in isolation as a result of COVID-19. It is aimed at everyone – adults and children.

The idea is to pull together two largescale Community Artworks, where all contributions produced by the community will be pulled together into two large pieces of art, along with weekly projects for adults and children to do as and when they feel like it. We then hope to have a "Coronavirus" exhibition of everything produced as a result of the club at some point in the future, once community gatherings are allowed again.

The two Community Artworks will be:

1. A blanket:

made up of as many knitted or crocheted squares as are produced by the community; these can be any stitch, any design, any colour, so long as they are all the same size (size details to be sent out early next week!)

2. A giant collage:

we will create a backdrop of land and sea, and what we want everyone else to do is to create birds, animals, butterflies, farm machinery, boats etc. for us to stick onto the backdrop to make a giant picture of our beautiful East Lothian countryside and coastline. They can be drawn or painted, or created using glued on fabrics, feathers, leaves etc. – let your imaginations run wild! The things that you create can be any size, so long as no single bird, animal (or whatever) is bigger than an A4 sheet of paper. And they can be drawn by any age group – adults and children alike.

Details of the individual ad hoc projects will be sent out each week to everyone who expresses an interest in receiving them. We also hope to have a dedicated Facebook page to communicate via (more details to come later!) Our aim will be to make the projects as varied as possible, and to try to stick to materials that people will already have in their home or garden, or, if not, that they will be able to get hold of relatively easily.

The Craft Club is being led by Miranda Mayes, supported by Maggie Cramond. If you are interested in being part of the Craft Club and receiving weekly information and instructions for different craft projects, please contact Miranda by email on:

miranda.mayes@btinternet.com

If you don't have access to email, please call 07802 419752 and leave a message and your phone number so that she can get back to you.

All instructions for individual weekly craft projects will be sent out via email to those with an email account, or will be delivered by DART Coordinators to your house if you don't have email.

If you don't have the materials at home to enable you to undertake a craft project that you would like to do, and you aren't able to order any online, you can contact Miranda and she will arrange to get them to you – in a "safe" manner!

Regards

Miranda

miranda.mayes@btinternet.com

School Meals

Parents of children who would normally get free school meals can now pick up a lunch bag each day 11-30 to 12-30 at Law primary school

If you need help with collection then please email DART.Coordinators@outlook.com

North Berwick Distillery

We have had news that the owners have signed off on converting manufacturing capacity over to producing hand sanitisers.

The other very good news is that they are offering to provide free supplies for DART usage.

We'll keep you informed about public supply and pricing once they begin production.



Contact Details



Community Coordinators

Area	Name	Phone	eMail
Archerfield	Rob Aberdein	07968-628978	robaberdein@mac.com
Dirleton & Surrounding Area	Janice MacLeod	01620-850509	janicemacleod16@gmail.com
Dirleton & Surrounding Area	Anne Orr	01620-850813	orralo@aol.com

DART Emergency Coordinator

Area	Name	Phone	eMail
ALL Dirleton	David Tait	01620-850641 07387-185309	davidndanni16@gmail.com

Community Area Coordinators

Area	Name	Phone	eMail
Archerfield	Rob Aberdein	07968-628978	robaberdein@mac.com
Dirleton North	Janice MacLeod	07528-856147 01620-850509	janicemacleod16@gmail.com
Dirleton South	David Tait	01620-850641 07387-185309	davidndanni16@gmail.com
Dirleton East	Keith Cornwell	07763-589680	cornwellmail@gmail.com
Dirleton West	Anne Orr	01620-850813 07717-472307	orralo@aol.com
Dirleton Central	Margaret Kent	078780-353411	margaret.kent1@btinternet.com
Outlying Areas	Sheila Low	07920-776303	sheila.low@hotmail.co.uk



Newsletter

Edited by Mike Howarth

DARTNews@mnsdsys.net

01620-807222